

OPL Form: Submit by email:

issues@openpowerlifting.org

Federation Date: MeetCount MeetState MeetTown MeetName Formula
 IPF '2023-06-03 United Kingdom SOMERSET YEOVIL PROGRESS IPF GL Points

Place	Name	Sex	Equipment	Division	Bodyweigh	WeightClas	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squat	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3Dead	TotalKg	Points	Event
NS	Laila Tuck	F	Raw	Open																	SBD
	1 Laura Simkins	F	Raw	Open	59.42	63	-115	115	120	120	65	67.5	-70	67.5	165	172.5	180	180	367.5	83.64	SBD
	2 Amy Kidd	F	Raw	Open	61.88	63	105	112.5	117.5	117.5	-60	65	67.5	67.5	150	160	-170	160	345	76.37	SBD
	1 Suzanna Woodhouse	F	Raw	Open	68.15	69	147.5	157.5	162.5	162.5	75	82.5	-85	82.5	152.5	160	165	165	410	85.53	SBD
	1 Michelle Chendamudima	F	Raw	Open	74.96	76	135	145	150	150	60	65	-70	65	195	207.5	-215	207.5	422.5	83.85	SBD
	1 Tessa McDougall	F	Raw	Open	82.13	84	135	-140	-140	135	70	-72.5	72.5	72.5	160	170	-175	170	377.5	71.93	SBD
	2 Helena Sylvester	F	Raw	Open	82.81	84	95	100	105	105	52.5	57.5	-60	57.5	125	132.5	-137.5	132.5	295	56.03	SBD
	1 Laura Mowlam	F	Raw	Open	102.03	84+	105	115	127.5	127.5	55	-60	60	60	125	135	142.5	142.5	330	58.54	SBD
	2 Angie Clay	F	Raw	Open	105.7	84+	80	90	-100	90	60	65	67.5	67.5	130	-140	140	140	297.5	52.32	SBD
	1 Gerald Yong	M	Raw	MR-O	73.9	74	170	182.5	-185	182.5	127.5	-132.5	-132.5	127.5	215	230	240	240	550	80.8	SBD
	2 George Beecher	M	Raw	MR-O	72.3	74	140	155	162.5	162.5	110	-117.5	120	120	200	220	-235	220	502.5	74.67	SBD
DQ	Oscar Whitfield	M	Raw	MR-O	72.5	74	-120	-130	-130		-60	60	-70	60	120	135	145	145			SBD
	1 Owen Chapman	M	Raw	MR-O	82.9	83	180	190	200	200	110	115	117.5	117.5	210	220	230	230	547.5	75.83	SBD
	2 Drew Cunningham	M	Raw	MR-O	81.47	83	155	165	172.5	172.5	115	122.5	-127.5	122.5	165	175	185	185	480	67.07	SBD
	3 Ashley Lake	M	Raw	MR-O	81.06	83	150	160	165	165	105	110	115	115	160	-172.5	175	175	455	63.74	SBD
	4 Kamron Mir-Gajadhar	M	Raw	MR-O	75.3	83	140	152.5	-160	152.5	90	100	110	110	160	172.5	182.5	182.5	445	64.74	SBD
	5 Rhys Millership	M	Raw	MR-O	79	83	137.5	145	150	150	85	92.5	97.5	97.5	180	190	-200	190	437.5	62.1	SBD
	6 Brad Taylor	M	Raw	MR-O	80	83	-140	140	145	145	102.5	105	-107.5	105	170	175	180	180	430	60.65	SBD
	1 Benjamin Russell	M	Raw	MR-O	88.67	93	200	212.5	-220	212.5	132.5	140	-145	140	250	-262.5	-262.5	250	602.5	80.69	SBD
DQ	Sam Taylor	M	Raw	MR-O	92.42	93	-200	-210	-210		-135	135	-140	135	-180	-220	-225				SBD
	1 Jay Rogers	M	Raw	MR-O	103.2	105	210	220	227.5	227.5	125	132.5	137.5	137.5	220	235	242.5	242.5	607.5	75.61	SBD
	2 Sam Dauncey	M	Raw	MR-O	95.7	105	200	210	217.5	217.5	145	155	-157.5	155	210	220	227.5	227.5	600	77.41	SBD
	3 Stuart Handyside	M	Raw	MR-O	102.53	105	175	190	205	205	135	145	-153	145	210	230	-250	230	580	72.41	SBD
	4 Alex Cole	M	Raw	MR-O	93.9	105	180	192.5	200	200	-110	110	115	115	200	220	235	235	550	71.61	SBD
	5 Rob Wakeman	M	Raw	MR-O	99.74	105	-155	-157.5	160	160	125	132.5	140	140	240	245	250	250	550	69.57	SBD
	1 Ryan Gordon	M	Raw	MR-O	115.7	120	235	247.5	255	255	130	137.5	142.5	142.5	235	245	252.5	252.5	650	76.78	SBD
	2 Leuan Hood	M	Raw	MR-O	118.5	120	160	172.5	185	185	120	-130	130	130	200	210	225	225	540	63.12	SBD