



South West Powerlifting Association



# Record Claim Form

(Please Complete All Boxes – Excluding disciplines not being claimed as records)

Name

Age

Date of Birth

Competition

Date Record Achieved

Age Class

Weight Class

Body Weight

Eq/Un

Discipline	Record Achieved (Kg)
Squat	
Bench Press	
Deadlift	
Total	
Bench Press (Single Lift)	

Signature

Date

Please return forms to: SW Records Registrar, Super Training Gym, Malvern View Business Park, Stella Way, Cheltenham GL527DQ or e-mailed to [alex\\_tosh@hotmail.com](mailto:alex_tosh@hotmail.com)

**N.B. A separate form must be used for records achieved at different events.**