



Super Training Team Competition - 18/05/25

Place	Team	BW	Squat	Total	Points	BW	Bench	Total	Points	BW	Deadlift	Total	Points	Points
1	Flex Appeal	70.85	Hannah Davis	190	38.8	84.9	Christopher Teague	165	22.58	107.3	Sanchez Dillon (C)	405	49.5	110.88
2	Running On Empty	66.4	Jake Downes (C)	205	31.85	64.65	Sabrina Downes	120	25.83	70.1	Kibria Ali	292.5	44.17	101.85
3	Sun City Sandbaggers	75.1	George Sandoe (C)	240	34.97	74.05	Kieran Drysdale	147.5	21.65	61.4	Hannah Clayton	197.5	43.95	100.57
4	JC Academy X1	85.95	Lee Copp (C)	260	35.36	80.4	Hettie Simpson	100	19.23	92.5	Sam Kuti	332.5	43.61	98.2
5	Glazed & Dazed	68.9	Erica Leon (C)	180	37.32	89.35	Khalid Rahman	170	22.68	67.75	Ruby Dutt	165	34.54	94.54
6	Brotein Synthesis	74.65	Farida Hindi	180	35.79	65.6	Jack Whitaker	130	20.33	85.3	Patrick Burgess (C)	280	38.23	94.35
7	UK Armed Forces Powerlifting	72.05	Jake Frost	207.5	30.89	81.55	Thomas Beall (C)	152.5	21.3	66.4	Lucy Robinson	197.5	41.83	94.02
8	Barbelicious	130.8	Joseph Walton	320	35.86	76.45	Bea Angeles	85	16.71	85.1	Ieuan Francis (C)	280	38.28	90.85
9	Jam First	118.4	Camden Cooke	275	32.16	114.5	Rohan Ewels	177.5	21.07	72.1	Emma Williams (C)	185	37.43	90.66
10	TLP Apex	67.9	Tierney McArdle	150	31.36	86.2	Luke Easton (C)	140	19.01	56.7	Emily Caton	167.5	39.45	89.82
11	SAL	50	Lydia Oerton	120	31.37	91.15	Adam Madelin (C)	177.5	23.45	67.35	Shannon Slack	162.5	34.13	88.95
12	Crumbly Chris and the Careworkers	117.5	Chris Lynn	300	35.2	76.6	Phoebe Potheary	88	17.29	59.25	Jo Barwell (C)	150	34.21	86.7
13	Capybarbell Coalition	96.5	Ollie Eyres	270	34.7	66.2	Kim Gough (C)	61	12.94	96.5	Harry Gough	292.5	37.59	85.23
14	TLP Origin	82.8	Katie Baker (C)	157.5	29.91	111.6	Jonathon Corrigan	155	18.61	67.5	Amelia Nagar	167.5	35.14	83.66
15	The Swoley Trinity	75.15	Kat Cleary	152.5	30.23	118.55	Ben Harris (C)	167.5	19.58	101	Tom Price	265	33.32	83.13
16	Wet and Flipping Useless	67.75	Elisha Jenkins	117.5	24.6	118.4	Jimmy Cain (C)	200	23.39	86.3	Dan White	252.5	34.27	82.26
17	JC and the Chipmunks	99.2	Eve Burman	160	28.6	74.25	Jaycee Ellis	85	16.95	82.2	Jon Clarke (C)	250	34.78	80.33
18	Team Ian	76.85	Khloe Curnock (C)	185	36.29	62.3	Amy Orton	65	14.32	82.7	Ravija Gunawardana	195	27.04	77.65
19	Beets, Barbells, and Battlestar	67.35	Sadie Blake	130	27.3	63.8	Connie Rait	90	19.53	81.7	Nash Hunter (C)	215	30	76.83
20	Pink Pony Girls	69	Coral Ong-Williams	117.5	24.34	106.15	Harry Young	140	17.2	82.3	Lucy Bradbury (C)	182.5	34.75	76.29
21	Henry's Favourite and the Others	71.05	Dom Bovill (C)	160	23.99	63.1	Mollie Hall	77.5	16.94	52.45	Hana Marriette	140	35.09	76.02
22	Power of the Edge	80.5	Victoria Noonan	120	23.06	60.55	Sarah Alexander	70	15.72	85.45	Jack Goodwin (C)	250	34.1	72.88
23	Triple Tastiest Donuts	74.1	Louise Downie-Davies	92.5	18.46	109.3	Mark Springate	110	13.33	86.95	Hira Teirney (C)	212.5	39.61	71.4
24	Team Kirby	98.4	Russ Kirby	182.5	23.23	62.55	Sam Heighway (C)	65	14.29	77.7	Claire Hendy	142.5	27.81	65.33
25	Apex Force Fitness	88.55	Ines Cirne	112.5	20.83	84.9	Joe Lancaster	130	17.79	98	Francesca Golton (C)	127.5	22.87	61.49
26	Teenage Mutant Ninja Lifters	84.25	Halle Jones	90	16.98	91.75	John Bryars	110	14.49	68	Kuda Gombedza	150	23.02	54.49
27	PureGym Squad	74.4	Hannah Irons	62.5	12.45	110.45	Connor Tovée-Galey (C)	122.5	14.78	62.4	Keira Tyers	105	23.12	50.35